



Is an association of adults (young, old, and in-between), children (youngins, tweens, and teens) and the limbo folk (that's twenty year olds) dedicated to providing Effective Training Systems for Families and Community Organizations.



the T+OQ group main goals are:

1. Empowering people to live as disciples of Jesus Christ in today's world;
2. Drawing people to responsible participation in the life, mission and work of the faith community; and,
3. Fostering the personal and spiritual growth of each person.

Thus, *the T+OQ group*^{iff} & Associates seek to:

- guide people in the call to holiness by developing a personal relationship with Jesus Christ by meeting Him in the Scriptures, in the life and teachings of the Church, and in their own prayer lives.
- empower people with the knowledge and skills for active participation in the life and ministries of the Church.
- nurture in people positive, religious values of love, honesty, courage, peace and non-violence, fidelity, chastity, generosity, tolerance, respect for life from conception to natural death, care and compassion, service to those in need, equality, social justice, integrity, responsibility, and community.
- help people apply their religious faith to daily life experiences.
- nurture in people a lifelong commitment to their faith, guiding them in developing skills for continuing their spiritual growth.
- foster development of a personal spirituality and prayer life.
- nurture in people an understanding of an active participation in the sacramental life of the Church, especially the Eucharist.
- help people recognize their faith calls them to work for justice and to defend human dignity.
- empower people to serve those in need, to develop the skills that foster social changes, and to secure justice and equality for every human being.
- empower people to become healers and reconcilers when conflicts arise, to pursue peace, and to become peaceful persons.
- develop people's critical thinking skills that empower them to analyze contemporary life and culture in light of the Good News of Jesus Christ and the teachings of the Church.
- help people recognize the movement of the Holy Spirit in their lives and discern their particular Christian vocation in the world, in the workplace, in the marital or single life, or in the priesthood or consecrated life.