

# True Beauty

True beauty results from cultivating a pure soul. The world tells us to focus on the external. Girls are driven to anorexia in efforts to achieve model-like thinness and make-up companies earn a fortune from our efforts to look more "perfect." Guys are faced with near impossible standards of buff-ness. Fitness clubs have become temples of the body, where men try to sculpt themselves into the image of a perfect man - bursting biceps, six pack abs, and chiseled pecks. All this in an effort to look more beautiful; to be more attractive. The problem is real beauty can not be achieved through diets and make up. A truly attractive man is not born in a gym. Soul deep, last-a-life-time beauty comes from a pure soul.

I know how difficult it is for girls to focus on their inner beauty, not their outer beauty. But let me tell you, the more you commit to working on your character, your holiness and your purity, the more ravishingly beautiful you shall become on the inside. And the more attractive you will become on the outside, especially to that one-in-a-million man of God's own heart. **DO NOT COMPROMISE** for the sake of attracting scummy dork-butt punks. It is worth the wait. Yes, you will feel different and maybe unappreciated at times. You may not get the same amount of attention that girls who dress immodestly and compromise their purity will get. People may not understand why you live by such high standards about what you will or will not watch, listen to or read. But, when the man that God has chosen for you, finally meets you and realizes how pure and unblemished your soul is, he will weep for joy and so will you! And your dating relationship will be strong and healthy. And a marriage of those kindred souls will get more and more beautiful as the days go on. *I say this, because Dotty and I have lived it. Trust the Lord, the giver of Life, will not let you down!*

So cultivate purity of soul, and I promise you, your interior beauty will radiate from you like the rays of the sun!

Your Eucharist loving, Blessed Mother petitioning, rockin' Catholic Church obeying, Pope Benedict XVI devotee and fellow sinner in need of God's grace and mercy,

Liebe, ihr bruder in Christus,  
+Don

